Staying Safe When Dating

Here are a few things you can do to be more safe when you are going out on a date with someone.

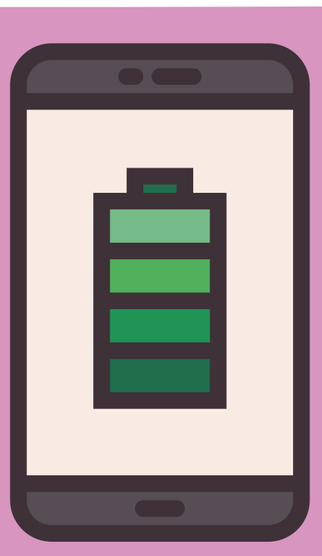
1.

Meet your date in a public place.

2.

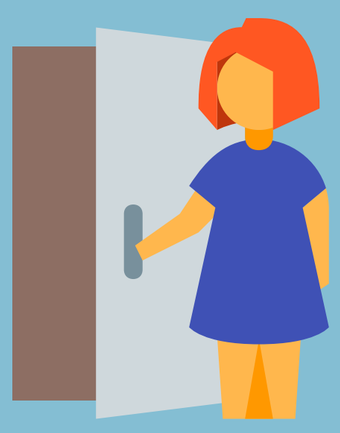
Go out with a group of people or another couple.

3.



Take a phone with you that is fully charged.

4.



If you feel unsafe, leave. Go to a public place or call a support person.

5.

Make a safety plan with a trusted person.

- ✓ Tell them where you are going.
- ✓ Tell them who you are going with.
- ✓ Tell them when you will be home.